

VOL.

1

# ENHANCING YOUR IQ

WITH  
*Salima Jaffer*

## FANCY FILLS AND SHAPES

FILLS AND OUTLINES PILLOW



**baby lock**

FOR THE LOVE OF SEWING

# ENHANCING YOUR IQ

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## FILLS AND OUTLINES PILLOW

### Supplies:

- ½ Yard pink fabric
- 1 Yard red printed fabric
- Medium weight stabilizer
- Assorted colors of embroidery threads
- All-purpose sewing thread
- Basic sewing supplies
- 14" Pillow form

### Instructions:

- 1) Hoop the stabilizer and the solid fabric in the machine hoop.
- 2) Bring up the Fancy Fills and Shapes design you just created and embroider the design using embroidery thread colors to coordinate with the fabrics.
- 3) Once the embroidery is complete, remove the excess stabilizer.
- 4) Switch to sewing mode on the machine and thread with all-purpose thread.
- 5) Trim the piece down so that it is 10 1/2" wide by 10 1/2" tall.
- 6) From the print fabric cut four border pieces 2" wide by length of fabric.
- 7) Sew the vertical border strips to the center embroidered square. Press. Trim off the excess length. Then sew the horizontal strips to the top and bottom of the pillow front. Trim off the excess length to square up the front piece.
- 8) Using the remaining print fabric to cut two pieces 12 ¼" wide by 14 ½" tall for the backing. The backing will be two pieces that over lap for easy access to the pillow form.
- 9) Fold over one vertical side on each pillow back and create a 1" hem. Mirror the hems so you have a left and right back piece.
- 10) Lay the finished front piece with right side facing up, then align the backing pieces to match over lapping them. Pin in place.
- 11) Stitch around the outer edge with a ½" seam allowance.
- 12) Turn the pillow right side out. Press.
- 13) Insert the pillow form through the over lapped back sections.

### Preparing the Hearts and Tear Drop Parts of the Design:

1. Settings Menu – Select the 9 1/2" x 9 1/2" Hoop Option
2. Make sure the 1" Grid is On
3. Click OK

4. Click on IQ Designer



5. Click on the Shapes Icon



6. Select the Heart



(Row 5 Column 2)

7. Click on OK

8. Click on Size

9. Change the H = 2.85"



and W = 3.00"



10. Click on OK

11. Click on Duplicate



and Position the Heart in the Correct Positions.

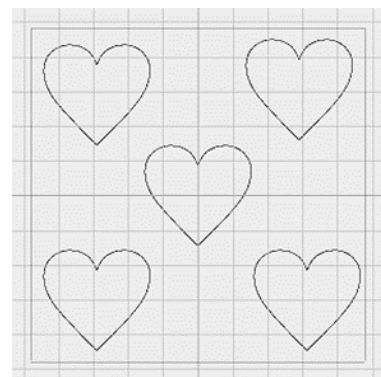
Repeat one at a time until you have a total of 5 hearts.

12. Click on the Shapes Icon

13. Click on the Tear Drop Shape



(Row 3 Column 3)



14. Click OK

15. Click on Size

16. Change the H=2.25"



and the W=1.55"



17. Move the Design to the bottom - in between the 2 lower hearts

18. Click OK

19. Click on the Duplicate Icon



20. Click on Rotate

21. Rotate the design 90 Degrees to the left

22. Move the design to the right of the Middle Heart

23. Click OK

24. Click on the Duplicate Icon again

25. Click on Rotate

26. Rotate the design 90 Degrees to the left

27. Move the Design in between the top 2 Hearts

28. Click OK

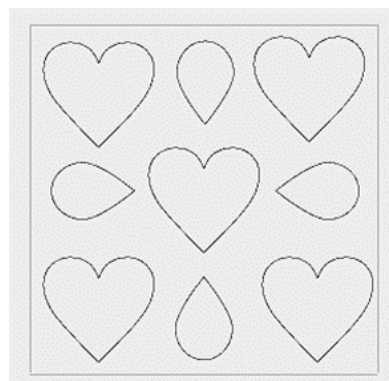
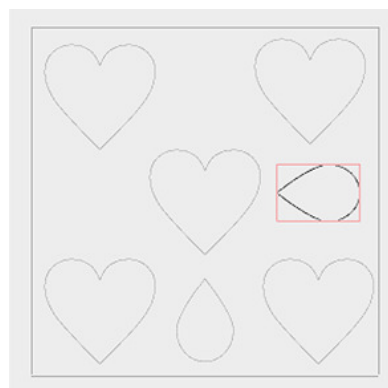
29. Click on the Duplicate Icon again

30. Click on Rotate

31. Rotate the design 90 Degrees to the left

32. Move the Design to the left of the Center Heart

33. Click OK



34. Click Memory then Click on the Machines Memory

35. (for the Destiny Click on the Pocket with the Red Arrow Memory



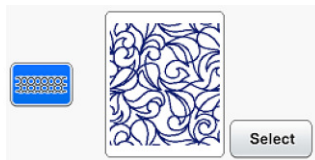
then click on Machine Machines

### Creating the Fancy Fills for One Heart:

1. Click on the Fill Region Property Icon



2. Select Fancy Fills



3. Click on Select

4. Click on 010

5. Click OK

6. Change Color to Pink

7. Click OK




8. Click on the Bucket/Cup Icon

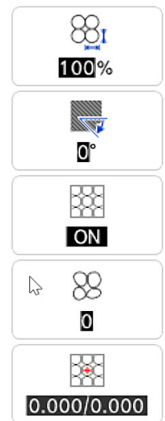
9. Click inside one of the Hearts

10. Repeat for the other Hearts and the Teardrops alternating between different fills



**Creating the Outline for One Heart:**

1. Click on the Line Region Property Icon
2. Select the Chainstitch
3. Click on Purple
4. Click on OK
5. Click on the Bucket/Cup Icon
6. Click on the Outline of one of the Hearts
7. Repeat for the other Hearts and the Teardrops alternating between different outline types
8. The sample alternates between two colors - but you can choose however many color stops you would like
9. Once you are done assigning colors and outline
10. Click on Next
11. Using the arrows  select a filled heart or teardrop that you would like to change the size of the fills. You do this by clicking the box that says 100% and change it to 70% and click on OK. Where it says On – Click on it to turn it OFF for the outline and click on OK



12. Repeat the above process until you are happy with the size, and fill of each heart and teardrop
13. Click Next
14. Click Set and Click OK when the message pop up

*(For Destiny, Click on Preview, Next, OK, Set, OK)*

15. Click on Zoom to view the design
16. Click on Embroidery
17. Click Memory then Click on the Machines Memory



*(for the Destiny Click on the Pocket with the Red Arrow Memory*



*then click on Machine Machines*